

GRADUATE APPRECIATION WEEK 2022

This week, UH celebrates our graduate and professional students and the many contributions that you make to UH!

Monday, April 4

University Career Services 9–11am (in person)

Kick-off Graduate and Professional Student Appreciation Week with University Career Services. Join us for complimentary coffee and light refreshments to kick-start your day while learning all about the ways we can support your career and professional development. Graduate and Professional students can drop by anytime from 9:00 am–11:00 am, Student Service Center 1, Room 106. RSVP (not required) available in [Cougar Pathway](#).

Libraries 101 for Graduate Students (3 – 4pm) (Virtual Event)

The library will host a virtual professional development event to highlight resources that will benefit you during your graduate studies. Please use this Zoom [link](#) to access this event: Meeting ID: 958 5250 0357; Passcode: 370777

Tuesday, April 5

Mindfulness Strategies for Managing Stress and Anxiety (CAPS) – 12 pm to 1 pm (Virtual Event)

We care about your mental health. CAPS is offering a virtual event that will provide various approaches to understanding, dealing, and managing stress and anxiety. RSVP (not required) available in [Cougar Pathway](#).

Please use this Zoom [link](#) to access this event.

Wednesday, April 6

Who's Hungry?

Drop-in to pick-up your complimentary box lunch (1 per person)

Please use the [link](#) to register for the free box lunch. (Scheduled pick up from 11–1 pm in the Graduate School Office, E Cullen, rm 102 or in Health 2, rm 3082)

Writing Center Open House, 3:30–5 pm (Hybrid)

Stop by the UH Writing Center in the Classroom and Business Building, Rm 234, to learn about writing resources for graduate students. Light bites will be provided. Feel free to attend in-person or you can access [via this link to Teams](#) to participate virtually.

Thursday, April 7

Snack Break (1 – 3 pm) (in person)

Head over to the Graduate School office for an afternoon snack! Pick up a cookie or brownie in the Graduate School Office, E Cullen, rm 102.

Graduate Professional Student Association (GPSA)–6 pm (in person)

Stop by to meet your GPSA officers

Axelrad – 1517 Alabama St. Houston, TX 77004

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