2019 SCHOLARSHIP LUNCHEON



Living the Vision Honoree



Barbara Mackey. Born and raised in the Detroit area, Barbara moved to Houston in 1977 and continued her administrative career until 1986, when she returned to the University of Houston as a full-time student. She earned her B.S. Degree in psychology in 1986, graduating Magna Cum Laude. She earned her Master's in Clinical Social Work from the GCSW in 1992.

Barbara maintained a private clinical practice with Greenbriar Psychiatric Associates from 1992 until 1999; she left her practice to care for her husband, who had Alzheimer's and passed away in 2004.

Since leaving her practice, and since her husband's death, Barbara has authored two novels, "Memoirs of a Dog," by CousCous Mackey, and, "We Called Her Carla Faye." She adapted "Memoirs of a Dog" to a screenplay and has won numerous film festival competitions. In 2016, Barbara earned a Master's in Liberal Studies from Rice University and used her novels, written through the perspective of animals, as the basis for her capstone on the history of anthropomorphism.

She has served on the Board of the Houston Area Women's Center, Houston Methodist Hospital Neurological Council, and is currently a Board Member of Habitat for Horses, an equine rescue center. Barbara is a member of the Dean's Advisory Council, at the GCSW.

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