

Requirements to meet the FLO

Action Research

Requirements and Description – Students must complete the following:

- Submit an individualized plan for how you intend to complete this FLO. (Template will be provided.)
- Complete Dive into Action Research Training Webinar Series.
- Complete the training provided by the HEAR Lab for One-pagers and commit to completing at least one.
- Attend Action Research FLO meeting once a semester.
- Participate in monthly consultation provided by the HEAR Lab as needed to support you in your plan.
- By March 15 (Spring/Summer) or October 15 (Fall) prior to your graduation, submit a brief 1-2 page reflection on how your FLO experiences prepare you to incorporate political action into your social work practice.
- Select and complete any two of the distinct components listed and explained below. (Please note the same activity cannot be used to meet more than one requirement of this FLO.)

Practicum Component – With agency approval, identify a way to incorporate action research, defined as anti-racist, collaborative, accessible, and/or community engaged, into the activities you do in your practicum placement. Submit documentation to support a plan for how you will do this and carry it out as feasible in consultation with the HEAR Lab team.

Community Engagement – Identify a way to engage/volunteer/participate in a community-based effort to collect, input, or analyze data for a researcher (including doctoral students) or agency in the community.

Training – Participate in or attend at least one research talk or social work- associated training promoting research. Encouraged topics include Anti-Racist Research or Community-Engaged Research methodologies. Training can include webinars, GCSW hosted trainings, or any NASW approved CE training.

HEAR Lab Products – Commit to completing at least one HEAR Lab product (Op-eds, Infographics, Podcast, One-page Research Brief, connecting research to policy, research to policy brief - in your own area or to support a faculty)

Coursework – Complete an independent study focused on research or an additional research class beyond what is required for your concentration.